DEBORAH K. GILMAN, Ph.D.

*curriculum vitae*

1386 Old Freeport Rd., 3B Pittsburgh, PA 15238 (412)996-8855 [deb@drdebgilman.com](mailto:deb@drdebgilman.com)

Licensed Psychologist, Child Specialist, Collaborative Coach

Pennsylvania License: PS016427

Education

May 2007 Ph.D. in Clinical/School Psychology, Tulane University (New Orleans, LA)

**Dissertation**: *Toward a greater understanding of community violence and the impact on child development: Event features that shape the experience and influence mental health functioning.*

May 2002 M.S. in Clinical/School Psychology, Tulane University (New Orleans, LA)

**Thesis:** *Stress, coping, depression, and smoking during the transition to college: A diary study*

May 2000 B.S. in Psychology with Honors, Carnegie Mellon University (Pittsburgh, PA)

**Honors Thesis**: *Infant categorization: A language-based or task-dependent process*

Certifications

September 2017 Mindfulness for Children & Adolescents, Christopher Willard, Psy.D.

December 2016 Compassion Fatigue Professional, IATP & Eric Gentry, Ph.D.

March 2016 Family Mediation Certification, Lynn MacBeth, JD

April 2015 Collaborative Law Basic Training, CLASP

December 2004 Biofeedback for Pain, Jodi Miller, Ph.D. Tulane University

September 2004 Parent-Child Interaction Therapy, Jodi Miller, Ph.D. Tulane University

September 2002 Strange Situation Training for Attachment, Tulane Medical School

Clinical Experience

May 2010- present **Psychologist in Private Practice** **(Pittsburgh PA)**

Specialized in working with children, adolescents, and families, as well as couples. Focused clinical work on adjustment to stress and trauma, including divorce and cooperative co-parenting. Special expertise in pediatric illness and community-based trauma. Child specialist work within the legal realm, including evaluation and assessment, as well as mediation. Collaborative divorce coach working with families and couples to promote healthy adjustment throughout the divorce process and into the future. Provided group and individual counseling. Expert in psychoeducational assessment.

2009- 2010 **Psychologist/Group Practice, Relationship Resolutions (Shadyside PA)**

Specialized in working with children, adolescents, and families, as well as couples. Focused clinical work on adjustment to stress and trauma. Special expertise in pediatric illness and community-based trauma. Provided group and individual counseling for a myriad of mental health presentations with a focus on ADHD, Autism Spectrum Disorders, Depression, Anxiety, PTSD, and parenting/attachment.

2008-2009 **Psychologist and Supervisor, The Watson Institute (Sewickley PA)**

Conducted behaviorally-oriented individual child/adolescent psychotherapy with emphasis placed on teaching or strengthening skills

for coping with stress, anxiety, and on problem-solving skills for

identifying and overcoming barriers to adherence with health care

regimens and/or normative psychosocial adjustment. Conducted parent-

child interaction assessment and therapy to help decrease points of

interpersonal conflict and related difficulties with adherence to daily

health care and behavioral routines. Specific emphasis on teaching or

strengthening skills for managing stress and/or pain, including

biofeedback, relaxation, and coping skills training, as well as family

education/training.

2005-2008 **Fellow, Nationwide Children’s Hospital (Columbus, OH)**

Post-doctoral Fellowship training in pediatric psychology. Site study coordinator and behavior therapist for an NIH-funded multi-site, randomized clinical trial of behavioral and nutrition treatment to improve growth in preschoolers with cystic fibrosis. Clinical training focused on behavioral assessment and intervention for children and families with chronic illness to increase coping and adherence to medical regimes. Specific emphasis on teaching or strengthening skills for managing stress and/or pain, including biofeedback, relaxation, and coping skills training, as well as family education/training. Consultation and liaison services for chronic pain, coping/adjustment with diagnosis, and adherence to medical regimens.

Collaborated with multidisciplinary team in clinic and hospital setting to coordinate care for patients on aforementioned services. Supervised graduate and undergraduate research associates

2004-2005 **Intern, Johns Hopkins Med. School/Kennedy Krieger (Baltimore, MD)**

Pre-doctoral APA approved Clinical Internship with a primary specialization in

the on Pediatric Psychology Clinic and Consultation Service (PPCS) Conducted

behaviorally-oriented individual child/adolescent psychotherapy with emphasis

placed on teaching or strengthening skills for coping with stress, anxiety or

pain, and on problem-solving skills for identifying and overcoming barriers to

adherence with health care regimens and/or normative psychosocial

adjustment. Conducted parent-child interaction assessment and therapy to help

decrease points of interpersonal conflict and related difficulties with adherence

to daily health care and behavioral routines. Trained parents and health care

professionals to implement behavioral interventions that facilitate child coping,

cooperation, participation and adjustment to medical conditions; use of

behavioral techniques to supplement medical management of pain, anxiety and

distress associated with medical disorders, tests and treatments. Facilitated

adjustment and adherence to prescribed medical treatments and self-care

routines. Participated in weekly Headache Clinic providing outpatient pain

management strategies and biofeedback and provided outpatient follow-up.

Participated in Autism clinic for pill swallowing difficulties. Consultation

liaison for long-term rehabilitative hospitalization and acute hospitalization.

Collaborated with multidisciplinary team in clinic and hospital setting to coordinate care for patients. Presented cases at a weekly case conference meeting. Presented research at conferences and published professional manuscripts.

2003 – 2004 **Extern, New Orleans Children’s Hospital (New Orleans, LA)**

Pediatric psychology extern. Consultation liaison for Hematology/Oncology, Neurology, Gastroenterology, Nephrology, Endocrinology, and Adolescent Medicine and follow-up on inpatient and outpatient basis. Assisted patient coping with diagnosis and subsequent treatment demands, taught pain and behavior management strategies, provided education regarding illness management. Developed expertise in Parent-Child Interaction Therapy (PCIT), an intervention geared at decreasing points of interpersonal conflict between parents and young children. Collaborated with multidisciplinary team in clinic and hospital setting to coordinate care for patients on aforementioned services

Conducted neuropsychological evaluations for children aged 3-21 years with a

variety of medical conditions. Provided feedback to parents and assist in educational and behavioral health planning/service coordination. Presented cases at a weekly case conference meeting. Assisted fellow graduate students with administering, scoring and interpreting tests.

2002-2004 **Extern, Mobile Therapist, Mercy Family Center (New Orleans, LA)**

In-Home behavior therapist for the Early Intervention Autism Program.

Provided young children aged 2-5 years diagnosed with Autism Spectrum

Disorders bi-weekly therapy using Applied Behavior Analysis (ABA) methods.

Worked with a multi-disciplinary team to provide cognitive and behavioral

assessments and develop interventions to target skill deficits.

2002-2003 **Extern, Upward Bound Program (New Orleans, LA)**

Worked with a multi-disciplinary team to provide cognitive and behavioral assessments, develop trauma-focused interventions to target skill deficits, and facilitate classroom interventions for identified at-risk adolescents. Provided group therapy to facilitate coping and adjustment among high-risk female adolescents. Generated reports and recommendations for school and home settings. Presented cases at a weekly case conference meeting. Assisted fellow graduate students with administering, scoring and interpreting tests.

2002-2003 **Extern, Stuart Hall Academy (New Orleans, LA)**

Developed proficiency as school mental-health provider for boys enrolled in pre-k through 4th grade. Developed classroom-based mental health prevention program, including coping skills, problem-solving skills, communication and assertiveness skills, anger management, stress management, and self-esteem; Conducted cognitive and behavioral assessments for a variety of learning and behavior problems. Developed interventions to target classroom problems and skill deficits. Provided individual therapy for a variety of concerns, including coping with divorce, ADHD/social skills, enuresis, adjustment disorders, and depression.

2001-2002 **Extern, Tulane Infant Mental Health Services (New Orleans, LA)**

Worked with a multi-disciplinary team to conduct assessments of parent-

child interactions for Jefferson Parish, Louisiana court system; Developed interventions to target parenting skill deficits and to facilitate attachment. Proficiency gained in attachment and parenting interventions, including PCIT. Achieved reliability in the Strange Situation Procedure. Achieved reliability as coder for the Observational Record of the Caregiving Environment (ORCE).

2000-2001 **Extern, St. Peter Clavier Academy (New Orleans, LA)**

Conducted cognitive and behavioral assessments in school-aged population.

Gained expertise in trauma-informed intervention. Developed interventions to

target skill deficits and facilitated classroom interventions for inner-city youth; Provided individual therapy from a trauma-informed perspective for children aged 5-12 years, including therapy for ADHD, ODD, CD, depression, anxiety disorders, adjustment disorders, and learning disabilities.

Teaching & Supervisory Experience

**Assessment, Chatham University Graduate Program** Fall 2018- present

This class focuses the basics of psychological assessment with a focus on clinical interviewing and assessment of mental status, strengths, and personal history. The class is focused on learning and practicing general interviewing techniques essential for clinical interviewing, specifically the first clinical interview.

**Post-Doctoral Supervisor, Chatham University**  December 2016- Present

Clinical supervisor for students who have completed their internship and need clinical hours for PA licensure. Focuses on skills required to build a clinical caseload and effectively implement interventions. Provide weekly group and individual supervision and case consultation.

**Intern and Post-Doctoral Supervisor, The Watson Institute** May 2008-December 2009

Trained pre-doctoral interns and post-doctoral fellows to implement behavioral interventions and conduct wrap around evaluations for infants, toddlers, youth, and adolescents diagnosed with Autism Spectrum Disorders (ASD). Conducted weekly “Lunch and Learn” case consultations with research component. Participated on thesis and dissertation research committees. Mentored students to present research at conference poster sessions.

Research Interests & Grant Participation

**Current Research Interests**: *Coping with stress and trauma, developmental impact of divorce, impact of stress (e.g., high conflict divorce) on attachment, cooperative co-parenting.*

**Behavioral and Nutrition Treatment to Help Cystic Fibrosis (CF) Preschoolers Grow**

**2005-2008** served as Post-Doctoral Fellow under supervision of Scott W. Powers, PhD (PI; Cincinnati Children’s Hospital and Medical Center) and Kathy Lemanek, PhD (site PI; Columbus Children’s Hospital). Behavior therapist for Columbus site on a multi-site, randomized clinical trial of behavioral and nutrition treatment to improve growth in preschoolers with cystic fibrosis. Grant funded by the National Institutes of Health and The Cystic Fibrosis Foundation.

**Kids Conquering Violence**

**2003-2005** Graduate research assistant under the supervision of Stacy L. Overstreet, Ph.D. (Tulane University) on a grant examining the mental health effects of exposure to community violence in inner-city youth. Grant funded by internal support from Tulane University, New Orleans, LA.

**Bucharest Early Intervention Project (BEIP)**

**2001-2005** Graduate research assistant under the supervision of Charles Zenah, MD and Anna Smyke, PhD (Tulane University Infant Mental Health) on a multi-site, international grant examining the effects of daycare experience on the development and attachment of infants and young children in Romanian Orphanages. Grant funded by the National Institutes of Child Health and Human Development.

**Health Attitude and Behavior Changes (ABCs)**

**2001-2003** Graduate research assistant under the supervision of Melanie L. McGrath, PhD (Tulane University) on a grant examining health behaviors and attitudes among college students. Grant funded by internal support from Tulane University, New Orleans, LA.

**Robert E. Floweree Research Grant**

**2001-2002** Primary Investigator on funded graduate research project examining smoking behavior among college freshman. This grant helped support my Masters Thesis. Grant funded ($1,500) by internal support from Tulane University Department of Psychology, New Orleans, LA

**Small Undergraduate Research Grant (SURG)**

**1999-2000** Primary Investigator on funded undergraduate research project examining the development of infant categorization skills as they relate to language development. Grant funded ($500) by internal support from Carnegie Mellon University, Pittsburgh, PA.

Presentations & Invited Lectures

**Collaborative Law 3-Day Basic Training, CLASP (Pittsburgh, PA)**

**May 2018**

Participated as part of the training committee and presenter for the 3-day interdisciplinary collaborative law basic training.

**Healing the Helpers: Overcoming Compassion Fatigue, CLASP (Pittsburgh PA)**

**April 2018**

Presented as part of the annual retreat for the Collaborative Law Association of Southwestern Pennsylvania. Focused on recognizing signs of stress both at the individual and team level, and how to reduce the negative emotional impact of compassion fatigue.

**Fierce Conversations**, **CLASP (Pittsburgh PA)**

**April 2018**

Advanced training for collaborative professionals to build effective teams and an effective organization Training focused on improving personal and organizational performance, uncovering and addressing core issues, and enriching relationships, all of which deliver the skills needed to help collaborative professionals tackle tough challenges and implement lasting change.

**The Developmental Impact of Divorce, Inns of Court (Pittsburgh, PA)**

**March 2018**

Participated as invited child development expert to provide the perspective of how divorce can impact child and adolescent mental health in negative ways, and provide solutions to common co-parenting conundrums that promote healthy adjustment and resilience.

**Family Reunification Therapy, ACBA Children’s Issues Sub-Committee (Pittsburgh, PA) February 2018**

Participated as a panel member and guest speaker at the Allegheny County Bar Association Children’s Issues Subcommittee focused on using reunification therapy to assist complex custody cases, high conflict co-parents, and children refusing contact with one parent.

**Stop Collaborate and Listen: The Basics of Collaborative Law**, **ACBC (Pittsburgh, PA)**

**December 2017**

Presented to the Allegheny County Bar Association as a Continuing Law Education (CLE) program. Participated on a multidisciplinary panel to discuss utilizing Collaborative Dispute Resolution for family law cases from the point of view of a mental health neutral.

**Divorce and Child Development, ACBA Collaborative Committee (Pittsburgh, PA)**

**December 2017**

Invited to present on how the collaborative process can be used to ameliorate the deleterious effects of divorce on child development. Reviewed the basics of developmental stages and the potential impact of divorce at each stage, with recommendations for cooperative co-parenting and developmentally sensitive parenting plans.

**Collaborative Law 3-Day Basic Training, CLASP (Pittsburgh, PA)**

**October 2017**

Participated as part of the training committee and presenter for the 3-day interdisciplinary collaborative law basic training.

**Divorce and Child Development, ACBA Children’s Issues Sub-Committee (Pittsburgh, PA)**

**February 2017**

Invited to discuss the developmental challenges divorce can have on the healthy functioning of children at each stage of development, from infancy to young adulthood. Utilized recent research to examine possible mediators and moderators of varying factors.

**Motivational Interviewing for Cooperative Coparenting, CLASP (Pittsburgh, PA)**

**April 2018**

Presented on Transtheoretical Model (Prochaska & DiClemente) and how this might be used to identify co-parents in *Pre-Contemplation*, *Contemplation, Preparation, Action, and Maintenance* stages of co-parenting change and influencing change during behavioral therapy with targeted intervention.

***Behavioral Training For Pill Swallowing Difficulties In Young Children With Chronic Illness*, Nationwide Children’s Hospital (Columbus, OH) June 2008**

***Systematic Pain Assessment And Management In A Young Adult With Severe Mental Retardation And Cerebral Palsy: Differentiating Pain From ‘Pain Behavior’*. Psychology Colloquium, Johns Hopkins Medical School (Baltimore, MD) March 2005**

***BiPAP compliance: A behavioral modification and parent training protocol for preschool-aged children*. Psychology Colloquium, Johns Hopkins Medical School (Baltimore, MD) November 2004**

***Stress, coping, and depression: Factors that influence smoking initiation and increases during the transition to college*. Tulane University Psychology Colloquium (New Orleans, LA) November 2002.**

CONFERENCE PRESENTATIONS

Powers, S.W., Piazza-Waggoner, C., Driscoll, K.A., Jones, J.S., ***GILMAN,* *D.K*.,** Daines, C., & Acton,

J.*(2006)* Two-year outcomes of behavior and nutrition treatment for preschoolers with CF:

Weight andheight z-sore changes indicate improvements in growth. North American Cystic

Fibrosis Conference (NACFC), Denver, Colorado.

***KRUGLAK, D.L*.,** Amari, A., Bellipanni, K., Beck, M., & Slifer K.J. (May 2005). Systematic

Evaluation ofBehavioral Distress in a Young-Adult Patient with Cerebral Palsy Undergoing Post-Orthopedic Rehabilitation. Association for Behavior Analysis 31st Annual Convention, Chicago Il.

Tischner, J.,Beck, M., ***KRUGLAK, D.L*.,** & McIntosh, S. (May 2005). The Use of Biofeedback in the

Treatment of PTSD in a Girl with a Spinal Cord Injury. Association for Behavior Analysis 31st Annual Convention, Chicago Il.

***KRUGLAK, D.L*.,** & McGrath, M.L. (March, 2004). Stress, coping, depression and smoking during the

transition to college: A diary study. Society of Behavioral Medicine 24th Annual meeting and ScientificSessions, Baltimore, MD.

***KRUGLAK, D.L*.,** & McGrath, M.L. (March, 2003). “The Freshman 15” and smoking for weight control.

Society of Behavioral Medicine 24th Annual Meeting and Scientific Sessions, Salt Lake City,

Utah.

***KRUGLAK, D.L***., & McGrath, M.L. (April, 2002). “The Impact of parent and peer influences of

Smoking behavior among college freshman. Society of Behavioral Medicine 23rd Annual Meeting and Scientific Sessions, Washington, DC*.*

***KRUGLAK, D.L*.** & McGrath, M.L. (March 2001) Stress and coping as predictors of smoking initiation

among freshman college students. Society of Behavioral Medicine 22nd Annual Meeting and Scientific Sessions, Seattle, WA.

Publications

Piazza-Waggoner, Driscoll, **Gilman**, & Powers. (2009). Mealtime behaviors in young children with CF:A

comparison between parent report and direct observation. Children's Health Care.

Vannatta, K., Getzoff, E.A., *Gilman, D.K*., Noll, R.B., Gerhardt, C.A., Powers, S.W., & Hershey,

A.D. (2009). Friendships and Social Interactions of School-Aged Children with Migraine. Cephalalgia

Kabbouche, M. & *GILMAN, D.K.,* (*2009*). Management of migraine in adolescents. *Neuropsychiatric*

*Disease and Treatment.*

**Gilman**, Palermo, Kabouche, Hershey, & Powers. (2007). Primary headache and sleep

disturbances inadolescents. *Headache*, 47, 1189-1184.

Slifer, **Kruglak**, Benore, Bellipanni, Falk, Halbower, Amari, & Beck. (2007). Behavioral training for

increasing preschool children's adherence with positive airway pressure: A preliminary study.

*Behavioral Sleep* *Medicine*, 5, 147-175.

Powers, **Gilman**, Hershey. (2006). Headache and psychological functioning in children and adolescents.

*Headache,* 46, 1-12.

Powers, **Gilman**, Hershey. (2006). Suggestions for a biopsychosocial approach to treating

children and adolescents who present with headache. *Headache*, 46 [Suppl3]: S1-S2.

Professional Memberships

American Psychological Association 2001-present

Association for Family and Conciliatory Courts 2015 - present

Collaborative Law Association of Southwestern PA 2015-present

Greater Pittsburgh Psychology Association 2010- present

International Association of Collaborative Professionals 2015-present

International Association of Trauma Professionals 2016-present

Professional Service

**Access to Collaboration Committee, International Association of Collaborative Professionals**

**(**2018 to present)

**Pro-Bono Committee Chair, Collaborative Law Association of Southwestern PA**

**(**2018-present)

**Member at Large, Collaborative Law Association of Southwestern PA**

**(**2016-2018)

**Graduate Student Representative on Tenure and Contract Review Committee, Tulane University** (2003-2004)

**JOURNAL REVIEWS**

AdHoc Reviewer Journal of Abnormal Child Psychology (2006-2008)

AdHoc Reviewer Journal of Pediatric Psychology (2008)